

SOUPS & APPETIZERS

SOUP DU JOUR

cup 3 bowl 5

GRILLED ARTICHOKE AND SPINACH TOPPED CROSTINI

creamy spinach and artichokes

on grilled crostini

8

LUMP CRAB CAKES

asparagus egg salad

and lemon aioli

8

BEEF CARPACCIO

arugula, pickled red onion, goat cheese,

red wine vinaigrette and a grilled baguette

10

SALADS

STRAWBERRY AND SPINACH SALAD

candied walnuts, goat cheese, duck bacon

and a white balsamic vinaigrette

7

ASPARAGUS AND ARTICHOKE SALAD

spinach, arugula, red onion, preserved lemon

and a parmesan-lemon vinaigrette

7

CAESAR SALAD

romaine, capers, anchovies, Grana Padano cheese crisps

and Ophelia's caesar dressing

7

add chicken or shrimp 4

SMOKED SALMON HERB SALAD

mixed field greens, fresh spring herbs, orange supreme

and a pink peppercorn citrus vinaigrette

9

AHI TUNA SALAD

lavender crusted tuna, arugula, pickled red onion,

tomato, pine nuts and a balsamic vinaigrette

13

OPHELIA'S
LUNCH EDITION

SANDWICHES & ENTREES...

All sandwiches served with a choice of:
seasoned hand-cut fries, hand-cut sweet
potato fries, rosemary-garlic fries
truffle & parmesan chips, salt & vinegar chips,
half salad or soup

OPHELIA'S CLUB

smoked turkey, shaved ham, bacon, avocado,
gruyere, arugula, tomato and garlic aioli
9

CHICKEN SALAD SANDWICH

cilantro and apple chicken salad and spinach
on country wheat bread
9

GRILLED STEAK TENDERLOIN SANDWICH

pickled red onion, Maytag blue cheese,
arugula and horseradish aioli
13

CRAB CAKE SANDWICH

cabbage, sweet corn and tomato with cajun remoulade
13

SANDWICH OF THE DAY

9

SQUARE BURGER

half pound blue cheese stuffed pepper crusted burger
with grilled onion, spinach and thyme aioli
12

DILL CRUSTED SALMON

pan seared, served with julienne carrot,
herbed egg salad and asparagus butter
12

WIND HAVEN FARMS FREE RANGE CHICKEN BREAST

grilled artichoke hearts, Kalamata olives, tomatoes,
spinach, fried capers and lemon butter sauce
11

SMOKED SALMON FISH N' CHIPS

beer battered apple wood smoked salmon with purple
cabbage slaw, cajun remoulade and chips or fries
12

PORTABELLA SANDWICH

gruyere cheese, spinach and garlic aioli
9

PASTA PRIMAVERA

linguini tossed with marinara sauce, zucchini,
summer squash and crimini mushrooms
12



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