



11 a.m. - 2 p.m.

## LUNCH MENU

### STARTERS

#### CAPRESE TOWER ■◆

Heirloom Tomato, Fresh Mozzarella, Basil Pesto, Olive, Pine Nut, Balsamic Reduction, Paprika Oil • 10

#### DOUBLE DIP ■◆

Hummus, Tzatziki, Carrot, Cucumber, Bell Peppers, Olive Oil, Warm Pita • 9

#### PRINCE EDWARD ISLAND MUSSELS ■

La Quercia Pancetta, Oven Roasted Tomato, Shallot, Garlic, Fennel, Fines Herbes, White Wine Garlic Cream Broth • 15

#### CRAB CAKES ■

Blue Crab, Roasted Radish, Sweet Corn, Cilantro, Chipotle Aioli • 15

#### SOUTHWESTERN CEVICHE

Poached Shrimp & Halibut, Spiced Tomato Sauce, Cucumber, Avocado, Jalapeno, Lime Wedge, Cilantro • 10

#### TUSCAN FLATBREAD ◆

Shrimp, Spinach, Burgers Bacon, Fontina and Feta Cheese with Marinated Artichoke • 12

#### MARGHERITA FLATBREAD ◆

Mozzarella, Basil, Marinara, Grana Padano • 12

#### SPINACH & ARTICHOKE DIP

Roasted Garlic, Artichoke, Spinach, Parmesan, Pangrattato, Cayene, Corn Tortilla Chips • 9

### SOUPS & SALADS

#### TRIO WEDGE ■◆

Iceberg, Burgers' Bacon, Pickled Shallot, Chive, Blue Cheese Buttermilk Dressing, \*Grilled Hanger Steak • 15

#### SOUTHWEST COBB ■◆

Cherry Tomato, Roasted Corn, Black Beans, Avocado, Red Onion, Tortilla Strip, Avocado Lime Dressing, Diced Grilled Chicken • 13

#### STRAWBERRY SPINACH ■◆

Farmer's Spinach, Strawberry, Local Goat Cheese, Slivered Almond, Blood Orange Citronette \*Grilled Faroe Islands Salmon • 13

#### CAESAR SALAD ■◆

Heart of Romaine, Torn Garlic Croutons, Shaved Grana Padano, Anchovie, Grilled Campo Lindo Farms Chicken Breast • 12

#### SALMON CHOWDER

Thyme Gougeres, Paprika Oil and Fresh Herbs  
cup • 5 bowl • 7

#### CORN POBLANO SOUP ■◆

Crème Fraiche, Roasted Red Peppers  
cup • 4 bowl • 6

#### HOUSE CRAFTED DRESSINGS:

Herb Parmesan, Balsamic, Blue Cheese Buttermilk, Ranch, Caesar, Blood Orange Citronette

### FEATURES

MONDAY: All Day Happy Hour  
TUESDAY: Half Price Wine  
WEDNESDAY: \$5 Martini  
THURSDAY: Half Price Drafts

### LUNCH ENTREES

#### REUBEN

House Corned Beef, Swiss, Kraut, Russian Dressing, , Marble Rye, Mustard Potato Salad • 12

#### \*TRIO BURGER ■

House Ground Choice Beef, Burgers' Smokehouse Bacon, Hot House Tomato, Iceburg, Caramelized Onion, House Dill Pickle. Choice of Pimento, Cheddar, Swiss, Blue Cheese, or Smoked Gouda. Sesame Bun, House Fries • 13

\*Add Fried Farm Egg \$1.25

#### CHICKEN SALAD SANDWICH ■

Campo Lindo Farms Chicken, Apricot, Dill, Lettuce, Tomato, Cheddar, Croissant, Fresh Fruit • 10

#### NICOISE ■

Poached Albacore Tuna, Romaine, Tomato, Kalamata Olive, Boiled Egg, Potato, Green Beans, Citrus Vinaigrette • 13

#### MAC DADDY ◆

(Voted KC's Best Mac & Cheese!) Creamy Gourmet Mac & Cheese with Burgers' Smokehouse Bacon, Scallions, Bell Pepper, Cherry Tomato • 14

#### FISH TACO ■

Crispy Tilapia, Black Beans, Roasted Corn, Cotija Cheese, Cabbage, Pineapple Poblano Salsa • 12

#### FRIED CHICKEN SANDWICH

Garlic and Ginger Breaded Campo Lindo Farms Chicken, Sesame & Soy Marinade, Slaw, Wasabi Aioli, Sesame Bun, Fries • 10

#### BLACKENED SHRIMP ◆

Israeli Cous Cous, Feta Cheese, Onion, Cucumber, Grape Tomato, Light Vinaigrette, Tzatziki, Grilled Pita • 12

#### BLT

Todd's Pimento Cheese, Burgers' Smokehouse Bacon, Iceburg, Lemon Aioli, House Sourdough • 10

#### PASTA ◆

Grilled Campo Lindo Farms Chicken, Squash & Zucchini with Grape Tomato, Eggplant, Basil Pesto, Penne • 12

#### STEAK & EGGS ■

Choice Sliced Grilled Hanger Steak, Campo Lindo Farm Fresh Eggs-Sunny Side Up, Red Potato, Chimichurri • 14

#### QUICHE OF THE MOMENT

Served with Choice of Soup or Salad • 10

### BEVERAGES

"Café Trio" signature blend Roasterie Coffee

SOFT DRINKS

HOT HERBAL TEA

ICED TEA

REPUBLIC OF TEA

ACQUA PANNA BOTTLED WATER

SAN PELLEGRINO BOTTLED WATER

### DESSERTS • 7

#### BLACKBERRY BASIL ICEBOX PIE

Graham Cracker Crust, Blackberry Compote, Basil Simple Syrup

#### GOOEY CHOCOLATE BUTTER CAKE

Pecan Praline Ice Cream, Caramel Crème Anglaise

#### COCONUT CREAM PIE

Chocolate Crust, Coconut Flake, Lime, Brown Sugar Coconut Sauce

#### LEMON CURD PARFAIT ■

Lemon Curd, Strawberries & Cream, Sugar Cookie Crumble, Mint