

## Noodles

Reg. Lg.

**Bo Lings Fried Noodles..... 12.95 19.95**

Pan-fried egg noodles smothered with jumbo shrimp, chicken, beef and fresh vegetables in our special brown sauce.

**★◆Pad Thai Noodles with Shrimp ..... 12.95 19.95**

Soft rice noodles, fresh bean sprouts, peanuts and tofu.

**★◆Pad Thai Noodles with Chicken 11.95 ... 18.95**

**★Singapore Noodles with**

■Shrimp or BBQ Pork..... 12.55 . 18.95

Thin rice noodles, curry, bean sprouts, egg and onions.

**Cantonese Noodles with Chicken 10.95 . 17.95**

Pan-fried thin yellow noodles, fresh vegetables in a light sauce.

**Chow Funn Noodles with**

Beef or Chicken ..... 10.95 . 17.95

Soft flat rice noodles, onions and bean sprouts with soy sauce.

**Combination Lo Mein..... 11.95 . 18.95**

**Chicken or Vegetable Lo Mein .... .9.75 . 16.95**

**★◆Sichuan Dan Dan Noodle with Pork..8.95... 15.95**

With Shrimp ..... 10.95 . 17.95

Soft noodles in a special sesame-chili-garlic sauce

## Rice

Reg. Lg.

**Fresh Pineapple Fried Rice**

■with Seafood..... 15.95

with BBQ Pork ..... 14.95

■with Vegetables..... 13.95

**House Special Rice Plate ..... 12.95. 19.95**

White fried rice served aside shrimp, scallops, chicken and vegetables in a delicious soy-garlic sauce.

**Young Chow Fried Rice.....9.95... 16.95**

White fried rice with egg, shrimp, chicken and BBQ pork.

**Shrimp Fried Rice.....9.95... 16.95**

**Chicken or Pork Fried Rice.....9.75... 16.95**

**■Fresh Vegetable Fried Rice .....8.95... 15.95**

Fresh zucchini, mushrooms, snow peas, carrots, bean sprouts with eggs and onions in a mixture of white and brown rice.

## Lunch Menu

### Combination Plates

Lunch plates are served with egg drop soup, crab rangoon, and your choice of vegetable fried rice, steamed white or

**Grilled Salmon Teriyaki Style ..... 12.95**

Grilled salmon filet with a Japanese style sauce and steamed vegetables.

**★General Tso's Chicken..... 9.75**

Our most popular dish! Crispy chicken in a sweet and spicy sauce.

**■Shrimp and Chicken in Ginger Sauce .. 9.75**

Served with choice of steamed white or brown rice or rice noodle.

**■Shrimp with Lobster Sauce..... 9.75**

Served with choice of steamed white or brown rice or rice noodle.

**★Sichuan Peppercorn Chicken... 8.95**

Sliced chicken with fresh vegetables in a spicy peppercorn and chili sauce.

**★◆Gong Bao Chicken ..... 8.95**

Diced chicken with peanuts and hot peppers and fresh green beans.

**★Spicy Curry Chicken ..... 8.95**

Our special blend of curry and herbs, tender chicken, fresh vegetables and coconut milk.

**◆Cashew Chicken ..... 8.95**

A house favorite, with tender diced chicken and fresh vegetables.

**■Chicken and Vegetables ..... 8.95**

**Sweet and Sour Chicken..... 8.95**

**★Chicken and Shrimp Hunan Style..... 9.75**

**★Sichuan Peppercorn Beef ..... 9.25**

★spicy ■gluten free ◆nuts

Please advise us of your dietary needs or allergy request



# BO LINGS

chinese please!

Gateway Plaza  
9055 Metcalf Ave.  
Overland Park, KS 66212  
Open 7 days

**Tel: 913 341 1718**

**Full Dim Sum Service**  
Saturdays & Sundays  
From 11:00am-3:00pm

Banquet Room Catering Special Events Delivery

[www.bolings.com](http://www.bolings.com)

6 Kansas City area locations

## Dumplings

Chef's specialties! All made in house from fresh hand-rolled wrappers, fresh cut meat and chopped vegetables, Simply delicious.

	Reg.	Lg.
★Sichuan Pork Dumplings (8/24) .....	7.25	18.95
Steamed pork dumplings in a delicious garlic-soy and chili sauce.		
Meat Dumplings (8/24).....	7.25	18.95
Fresh pork and nappa cabbage in handmade wrappers, served with a soy-vinegar dipping sauce.		
Choose steamed or pan-fried.		
Chive Dumplings with Shrimp and Pork(10/20).....	8.95	15.95

## Appetizers

	Reg.	Lg.
Crispy Calamari .....	8.95	16.95
Panko Shrimp (4/12) .....	7.95	19.95
Crab Rangoon (6/18) .....	6.95	17.55
Shrimp Rolls (3/9) .....	5.25	13.95
Vegetable Spring Rolls (2/8).....	4.55	14.95
Crispy Eggplant .....	6.95	12.95
◆Vietnamese Style Spring Rolls (2/6) .....	5.95	15.95
Shrimp, pork, cucumber and lettuce with rice noodles rolled in a thin rice wrapper. Served with peanut-hoisin dipping sauce.		
Vegetarian available served cool		
Cantonese Lettuce Wraps		
Chicken or vegetable .....	7.95	

## Soup

All our soup stocks are made fresh daily.

	Cup	Bowl	Qt.
★Hot and Sour Soup.....	3.25	4.75	7.95
Lean pork, bamboo shoot, mushroom and egg in chicken stock			
Chicken Wonton Soup.....	3.25	4.75	
.....	7.95		
■Egg Drop Soup.....	2.75	3.95	
.....	7.75		
■Sizzling Rice Soup with Chicken (for 2) ...	8.95		
Sliced chicken, fresh vegetables in a light chicken broth.			

## Sichuan Specialties

	Reg.	Lg.
★Yu Xiang Whole Flounder .....	21.95	
Tea Smoked Duck (1/2).....	17.95	
★General Tso's Chicken .....	11.95	18.95
★◆Sichuan Gong Bao		
◆Chicken.....	10.95	16.95
◆Beef .....	13.95	20.95
◆Shrimp and Scallops ..	15.95	22.95
★Sichuan Wonder		
Chicken .....	12.95	
Beef.....	13.95	
Fish .....	15.95	
★Orange Peel Shrimp.....	15.95	22.95

## Beijing Special-

	Reg.	Lg.
Beijing Roasted Duck (1/2 / whole) ...	18.95	33.95
■House Special Sizzling Rice .....	15.95	
Shrimp, scallops and chicken with fresh vegetables in a light ginger sauce		
Sweet and Sour Pork .....	12.95	19.95
Garlic Pork .....	12.95	19.95
Moo Shu Chicken or Pork.....	10.95	16.95
Mandarin Chicken .....	10.95	16.95
★Beijing Crispy Beef.....	14.95	21.95
★Shrimp Beijing .....	13.95	20.95
★Mongolian Beef.....	11.95	18.95

## Classic Dishes

	Reg.	Lg.
■Shrimp with Cashews .....	13.95	20.95
Triple Delight .....	12.95	19.95
Shrimp, chicken and beef with vegetables.		
★Chicken and Shrimp Hunan Style.....	12.95	19.95
★■Curry Chicken .....	11.95	18.95
Sweet and Sour Chicken .....	10.95	17.95
◆Cashew Chicken.....	10.95	17.95
Beef Broccoli.....	11.95	18.95
■Moo Goo Gai Pan.....	10.95	17.95

## Cantonese Specialties

	Reg.	Lg.
Cantonese Style Whole Flounder	21.95	
Boneless whole fish with choice of ginger and scallions, sweet chili and garlic, or salt and pepper.		
Salmon Filet.....	15.95	
Choose steamed or grill Teriyaki		
Sizzling Shrimp and Scallops.....	16.95	
Jumbo shrimp and sea scallops, fresh vegetables in a garlic ginger sauce		
★Scallops in Black Bean Sauce ..	16.95	
◆Honey Walnut Shrimp .....	13.95	21.55
◆Honey Walnut Chicken .....	11.95	18.95
★Chicken Black Bean Sauce .....	11.95	16.95

## Tofu and Vegetables

	Reg.	Lg.
★Sichuan Ma Po Tofu (no meat).....	9.75	14.95
★Tofu Family style.....	9.75	14.95
★Tofu in Black Bean Sauce .....	9.75	14.95
★Sichuan Eggplant and Tomato .	10.95	16.55
★■Curry Vegetables .....	9.95	16.95
■Sautéed Mixed Vegetables.....	9.75	14.95
★Green Bean Sichuan Style .....	9.75	14.95
Add marinated Tofu.....2.50 extra		

## Children's Plate \$ 7.00

■Chicken Broccoli Crispy Chicken

★spicy ■gluten free ◆nuts  
Please advise us of your dietary needs or allergy request.  
Extra charges for substitutions. no MSG in most sauces.